



Altmore News



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Dear Children and Families,

What a great start to the new school year, I'm so impressed with how well and how quickly everyone has settled back into new routines. I'm very pleased to see how happy everyone is (children, staff and parents) and one of the highlights of my day is looking forward to chatting to everyone when I'm at the gates at the start, or end of each day.

I hope everyone has a lovely half-term, please try to get 'out and about', we're so lucky in Newham to have so many parks and green spaces so near to us.

Stay safe and well, and see you all on Monday 01.11.21.

Sarah

Attendance Awards



Highest Class Attendance Week Ending 15.09.21

Our Target: 96%

Nursery - Red room	98.5%
Reception - Class 4	87.3%
Year 1 - Class 16	94.1%
Year 2 - Class 13	94.3%

Nursery

Green Room

The children in Green room started last week and have been having so much fun exploring the surroundings and building relationships with Meena and Luthfun.



Red and Blue Room

The children have been settling in well. They follow a simple, daily routine which helps support their understanding of what will happen next within the day. They are making new friends and building strong relationships with the adults.



Reception

The Dentist

This term we have been learning all about the Dentist. We had a visit from Ann and Olly who taught us how to brush and take care of our teeth. We have been patients, hygienists and dentists in our class dental surgeries. We booked appointments for our friends, counted teeth and identified who needed to take better care of their teeth.



A Visit to Sainsbury's

We went on our first Educational Visit to Sainsbury's this term. We bought food that is good for our teeth and tried it with our friends when we got back to school. Thank you to all of the parents that accompanied us on our visit.



Year 1

Supertato

We have been focusing on a narrative text called 'Supertato' by Sue Hendra and Paul Linnet. We began making simple predictions using clues from the pictures and predictions based on what we already knew. We have been exploring the characters in the story, talking about how the characters were feeling at certain points in the story and recording characters speech. Some of us used the app of the month 'Chatterpix' to record what the character would say whilst others wrote speech bubbles. The children had fun making their own Supertato characters. We then used these to describe our Supertato using adjectives, labelling our picture and writing short captions. We discussed what makes a good and bad character and compared the characters in Supertato with characters from familiar stories and films. We also created our own story maps and used these to retell the story and key events. The writing outcome was a narrative, retelling the story in their words and this will be the first piece of work which gets assessed. These assessments will inform their writing targets which will then be used as their next steps for future writing outcomes. In order to encourage Talk in the classroom, most of our evidence is video footage.

Scan the QR codes below to watch some of the activities.



ChatterPix App – characters speech



Year 2

Towers, Tunnels and Turrets

Year 2 teachers have been super proud of all of the children in the year group for settling in so well. They have been working extremely hard over the last few weeks and we are very impressed. As part of our topic learning, the children came to school dressed as someone who worked or lived in a castle. We had kings, queens, knights, maids and more!



Other News & Events

Black History Week

During Black History Week we undertook activities relating to influential historical figures from the past. We learnt how individuals such as Rosa Parks and Louis Armstrong have impacted modern culture and society. Our children learnt where these individuals were from, their family life and successes, as well as achievements. Tasks undertaken linked to an array of curriculum areas and subjects for example, in Year 1 the children created a simple timeline of her life and in Year 2 the children created Mardi Gras parade masks to celebrate the home town of Louis Armstrong, New Orleans.



Football Tournament

Selected boys in Year 2 had a fantastic time taking part in a football tournament at Vicarage Primary School. They achieved great success in picking up a medal by finishing third in the tournament out of 9 other Newham schools. The team showed fantastic teamwork and positioning, playing excellent football. They were brave with their tackles and were able to make it to the semi-final where they lost on a sudden death penalty shoot-out. Despite that, the team worked hard for the third place game where they won 2-0. Everyone contributed so well and most importantly, everyone tried their best. The team were respectful to the winning side, waiting for them to lift the trophy and applauding them for their success. Well done to the Year 2 football team!



Harvest

A huge thank you to all the family and children at Altmore who have kindly made a lovely contribution to our Harvest Collection. This year we are donating our collection to our local charity Bonny Downs Association. Bonny Downs Association has for many years been at the forefront of supporting our local community members who have been struggling to feed themselves and their families. Bonny Downs offers emergency food parcels and free hot lunch as a way to help and support vulnerable families.



Other Information

Packed Lunches

As a school we want to ensure that all packed lunches brought from home and consumed in school (or on school trips) provide our children with healthy and nutritious food that is similar to food served in schools, which is strictly regulated by national standards.

Please see the guidance below of the items that packed lunches should contain:

Packed lunches could include:

- at least one portion of fresh fruit and one portion of vegetables every day
- meat, fish or other source of non-dairy protein (e.g. lentils, kidney beans, chickpeas, hummus, peanut butter and falafel) every day
- oily fish, such as salmon, at least once every three weeks
- breadsticks served with fruit, vegetables or dairy food. Seeds are also a good choice
- a starchy food such as any type of bread, pasta, rice, couscous, noodles, potatoes or other type of cereals every day
- dairy food such as milk, cheese, yoghurt, fromage frais or custard everyday
- still or sparkling water, fruit juice, semi-skimmed or skimmed milk, yoghurt or milk drinks and smoothies
- one cake or one biscuit is allowed but please encourage your child to eat these only as part of a balanced meal

Packed lunches should not include:

- meat products such as sausage rolls, individual pies, corned beef and sausages
- snacks such as crisps or nuts
- nuts – including peanut butter and Nutella because of the life threatening risk to other children who have a severe allergy
- confectionery such as chocolate bars and sweets (fruit strings are considered to be sweets)
- fizzy / sugary drinks in cartons, bottles or cans

Thank you for your co-operation.



Seesaw App

Please talk to your child's Class teacher if you have not connected to your child's Seesaw learning journal. Important school messages and updates about your child's learning will be sent across to you on Seesaw and work will be set for the children using Seesaw. You will need to download two apps, Seesaw Class and Seesaw Parent & Family



Squid Games

We have had several children mention Netflix's most recent viral programme, Squid Game, in class and when playing with their friends in the playground. Squid Game is rated **15+** and should not be watched by children younger than this, TV shows, films, games and apps are given an age rating for a reason. Please read below to see more information about Squid Game. I have also attached some useful guides about setting appropriate restrictions on devices along with information about some of the most popular apps and games.

What is Squid Game?

Squid Game is a South Korean television series streaming on Netflix. The plot centres on a group of adult debtors, thieves, and gamblers competing against each other in a series of childhood games for a grand cash prize. However, there is a dark twist to these seemingly innocent games – losing competitors are violently killed off in ways that grow more twisted as the games grow more intense.

Since its release in September 2021, Squid Game has become number one across 90 different countries in Netflix's ranking of most watched television programmes and, unfortunately, as a result many children have inadvertently watched scenes that were distressing to them.

What harmful content does it contain?

Currently, Squid Game has a rating of 15+ as the visual content includes high levels of gore, death, violence, and physical assault. It also has graphic depictions of suicide, murder, and sexual assault.

Children and young people are likely to know about the programme via word of mouth and because it is so popular on social media. They may be unaware of the extent of gore, death, and violence the programme contains. It also focuses on adult themes that are not appropriate for younger sensibilities. Some people who live with mental health issues may be triggered by some of the content also, regardless of age.

The aesthetic of Squid Game, especially in promotional images and material, appears innocent and childlike. This is to provide a clash with the excessively violent content that is meant to be jarring and unsettling to viewers however this is obviously misleading and may influence children to choose it to watch.

Parents and carers should be aware that video content from this programme is found on TikTok, which could also increase their interest in watching the programme. Remember: even if you restrict the young person in your care from watching Squid Game, they may be able to access content on other social media platforms.

We would like to strongly advise that children are protected from viewing the programme and suggest that you monitor or discuss your child's online activities to further safeguard them. Please do not hesitate to get in touch should you have any questions or wish to discuss this any further.

Dates for your diary...

October	
22 nd October	Last day of term
November	
1 st November	First day of term
9 th November	Parent's Evening
10 th November	Parent's Evening
11 th November	Remembrance Day - Wear it red
15 th November	Photographer in School Odd Socks day Anti-bullying week Road Safety Week
19 th November	Children in Need
December	
10 th December	Christmas Jumper Day
17 th December	Last day of term
January	
5 th January	First day of term

Please note these dates are subject to change