

Altmore Children's Centre Activity Calendar

January – March 2024



Monday

Messy Play

18m-5 years

All children learn through play. Messy Play can help develop children's senses and imagination as they explore the different textures of materials.

10:00-11:30

Toddler Stay & Play

Under 3's

Enjoy fun and interactive activities to help support your child's development.

1:30-2:45

With Soft Play 18m+

Session change!

Tuesday

Story & Rhyme Time

18m-5years

Join us every week for activities linked to a popular children's book.

9:15-10:00

Please arrive on time for the start of the session.

Baby Stay & Play

Pre-Walkers

A session for parents and carers with their young babies to play, sing songs and meet new friends. This sessions is for babes in arms, crawlers and pre-walkers.

10:30-11:30

Little Champions

This is a targeted session for families with children with SEND.

1:30-2:30

Term Time Only

Wednesday

Out & About

Visits to local places of interest. Please contact **Nazia** on **07961632921** to find out more about upcoming trips and activities and to book your space.

Various Dates, Start Times and Venues

Booking Required

Coffee Morning Parent Led Discussions

Our Family Support Worker helps families to tackle issues that are having an impact on the family. This includes issues such as domestic violence, mental health, housing and financial struggles. We can also help build their parenting skills and confidence. Families can talk to us about managing their child's behaviour, healthy eating, speech and language or anything else. We can also signpost to a wide offer of parenting support programmes through Newham's parenting team.

9:00-10:30

10th January

14th February

13th March

Family Stay & Play

Under 5's

Enjoy activities, which will encourage and support your children's development in a safe and stimulating environment.

1:30-3:00

10/01/24 – Toilet Training

14/02/24 – Accident Prevention

15/03/24 – Fussy Eating

The Children's Centre will be closed for staff training on Wednesday 31st January and Wednesday 28th February.

Thursday

Family Stay & Play

Under 5's

Enjoy activities, which will encourage and support your children's development in a safe and stimulating environment.

10:00-11:30

With Soft Play 18m+

Stay & Play with Speech & Language Therapist

Under 5's

Please feel free to drop in and speak to us if:

You are worried your child is not talking or doesn't understand you. You are worried if your child needs a referral to speech and language therapy. You would like to know more about the speech and language therapy journey.

This will run alongside Family Stay & Play.

10:00-11:30

With Soft Play 18m+

07/03/24

Little Talkers

A targeted speech, language and communication session that is tailored to your child's interests and needs with an emphasis on having fun alongside learning.

1:30-3:00

Referral Only

Term Time Only

The Children's Centre will be closed for staff training on Thursday 28th March.

Session change!

Friday

Toddler Stay & Play

Under 3's

Enjoy fun and interactive activities to help support your child's development.

10:00-11:15

Time change!

Baby Stay & Play

Pre-Walkers

A session for parents and carers and their young babies to play, sing songs and meet new friends. This sessions is for babes in arms, crawlers and pre-walkers.

1:30-2:30

23/02/24 & 15/03/24 - Weaning

Session Information

Due to the high number of children in sessions please be aware that spaces are allocated on a first come, first served basis.

All sessions are subject to change and availability. You will not be able to enter a session **30 minutes** after it has started.

Please see separate calendar for February Half Term (12th-16th February)

Altmore Children's Centre will be closed Friday 29th March – Good Friday Monday 1st April – Easter Monday

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