



Altmore News



Please visit www.altmore.newham.sch.uk for more information

Dear Children and Families,

What another busy, but exciting term we've all had. It's been excellent to visit all classes and to see the progress that everyone has made – our focus this term has been monitoring children's *Writing*. It has been a pleasure to be read to by so many children who have proudly shared and read their work to us. It is really obvious that all children have enjoyed learning and practising writing about the different learning experiences their teachers have planned. Janine, (Assistant Headteacher) at Lathom has also been part of the class visits, she was very pleased to say, "Children's writing seems so natural". Well done everyone.

Reception classes have also had THE CHICKS and DUCKLINGS in their classrooms – this has created quite a stir throughout the school. Thank You teachers for making learning to *real* for our children.

Year 1's visit to the London Eye has been another highlight, unfortunately we were not able to sing the song: "On a Clear Day You Can See For Ever..." as it was a bit overcast, but on their return, children were so excited to tell us about their visit, but were *really* tired. Thank you to parents who supported classes.

Finally we must say a big "Well Done" to all Year 2 children, who so confidently participated in, and completed their KS1 SATs. "Thank You" to all Year 2 staff for enabling children to be so relaxed with this *special work*.

I hope everyone enjoys spending time together over the half-term break and hopefully more of the sunshine we've seen today. I look forward to seeing everyone on Monday 5th June.

Sarah

Attendance Awards



Highest Class Attendance Week Ending 19.5.23	Our Target: 96%
Nursery - Blue pm	96.7%
Reception - Class 2	95.7%
Year 1 – Class 18	95.9%
Year 2 - Class 15	97.5%

Nursery

Green Room

We have been focusing on Spring this term. We have been exploring growing and looking at different fruits and vegetables. We read 'Oliver's Vegetables' and 'Oliver's Fruit Salad.' We made a fruit salad and we will be going to the park at the end of the week to look at plants and flowers.



Red and Blue Room

Our topic this term is Growing. We went to the park to look at the different plants. We planted a bean and have been watching them grow. We measured them using cubes. We also looked at photos of ourselves when we were babies and thought about all the things that we can do now.



Reception

Special Visitors

We have had some special visitors in Reception classes this term. Each class had a set of eggs to take care of. We researched and learned all about animals that hatch from eggs and spent some time predicting which animals were inside the eggs in our classes. We watched in amazement as ducklings and chicks hatched and spent some time observing and taking care of them. The children have written in daily diaries, documenting the changes they have observed!



Year 1

Educational Visit to London Eye

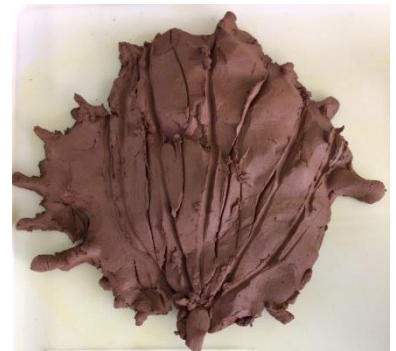
On Thursday 18th May the children in Year 1 were lucky enough to visit one of London's most iconic and famous attractions, the London Eye. This visit was linked to our new topic – My City, My Place. The children boarded the big wheel and were able to take in the views of lots of landmarks including Big Ben, The Shard and St Paul's Cathedral. After the ride the children had their lunch in Jubilee Gardens and were able to enjoy the adventure playground and play games on the grass.



Year 2

Seasides

In Year 2, we have been doing lots of learning based around the seaside. In Art, the children learnt some sketching techniques and used them to sketch a shell. They then experimented with different techniques for using clay including manipulating it by rolling and stretching as well as trying out a range of clay tools. The children then created a 3D shell and added detail and texture. Once all of the shells were finalised, the children used them to create a large-scale sculpture inspired by Andy Goldsworthy.



Other News and Events

Coronation Celebrations

On Friday 05 May 2023 the whole school took part in a celebration to mark the occasion of The King's Coronation. Children came to school dressed as Kings and Queens and entered the school gates with Royal music playing in the background. Children had lots of fun participating in Coronation activities and playing traditional games in the playground at lunchtime. Everyone was treated to a 'Royal Lunch' which included a special cake made and decorated by our cook Jay. Children even had the opportunity to have their photograph taken with King Charles.



NSPCC's Speak Out Stay Safe Assembly

This term 408 children participated in the NSPCC's Speak out Stay Safe Programme. Speak out Stay Safe is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline. This child friendly programme is aligned with the curriculum and consists of age appropriate virtual assemblies and supporting classroom based activities which we have reviewed. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the Speak out Stay Safe Programme visit www.nspcc.org.uk/speakout.



Sporting News

Go Team Altmore!

Congratulations to our sports teams for winning all of their tournaments this term! You have all worked so hard and it has been fantastic to see your dedication and teamwork skills put into practise.

Athletics Tournament



Football Tournament



Handball Tournament



Online Safety – Influencers

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about INFLUENCERS

In today's digital age, social media influencers play an increasingly significant role in shaping the opinions, interests and behaviours of our children. While many of these individuals can have a positive effect, influencer culture can also present certain risks – such as encouraging consumerism, affecting self-esteem and blurring trustworthiness. To help ensure a safe online environment for young people, it's vital to maintain open communication, set sensible boundaries, promote a healthy self-image and teach digital media literacy. Our guide delves deeper into all of these.

WHAT ARE THE RISKS?

HEIGHTENED CONSUMERISM

A major way that influencers make money is through brand partnerships and sponsored content. As a result, children who follow them may be exposed to a steady stream of advertising; this can lead to materialistic attitudes, unrealistic expectations and an increased desire to have the latest products. Many influencers have built huge brand empires around their large, impressionable following.

THE SOFT SELL

Some influencers aren't always transparent about the motivations behind their posts, blurring the lines between genuine recommendations and paid-for promotions – and young people sometimes find it difficult to distinguish authentic content from advertising. Many major social platforms have taken steps to make sponsored content and ads easier to identify, but it remains an area of concern.

PRIVACY CONCERNS

Inspired by their favourite influencers, children may start sharing more of their own lives online – which could reveal personal information or details about their daily routine. This openness can put them at risk of cyberbullying or even predatory behaviour. This is exacerbated by live streaming, which gives young people no time to consider the potential consequences of saying too much.

UNDERMINING SELF-ESTEEM

Many influencers share images and videos of themselves and their activities, which are often painstakingly curated and edited to present an idealised version of their life. Children who follow these influencers may develop distorted expectations about body image and the concept of beauty, which can potentially lead to negative self-esteem and even mental health issues.

Advice for Parents & Carers

KEEP TALKING

Chat to your child about the content they consume on social media and the influencers that they like. Encourage them to think critically about what they see and hear online, and listen to any concerns they might have. Maintaining this line of open, honest communication can help your child to make informed decisions about which individuals they follow and what content they engage with.

SET SOME BOUNDARIES

Agree age-appropriate boundaries for your child's social media use, including time limits and privacy settings (the two major operating systems on mobile devices, Android and iOS, have these controls baked in). Try to keep an eye on your child's online activity and discuss it regularly with them – including reminding them of the potential risks that can arise from following influencers.

SUPPORT A HEALTHY SELF-IMAGE

Reinforce your child's awareness that real life isn't usually as picture perfect as it may appear on social media – and how some content (particularly that of influencers) is often curated, staged or edited to look more glamorous. If possible, highlight examples of other influencers who share authentic, relatable material which acknowledges their imperfections and struggles as well.

PROMOTE MEDIA LITERACY

Talk to your child about the concepts of sponsored content, advertising and potential influencer bias. Teach them to critically evaluate the information they're presented with online and to consider the possible reasons behind content creation. This can help young people develop the skills to make healthier decisions about the influencers they choose to follow and the content they consume.

Meet Our Expert

A former director of digital learning and currently a deputy headmaster and DSL, Brendan O'Keefe's experience and expertise gives him a clear insight into how modern digital systems impact the experience of children, staff and parents – and which strategies help to ensure that the online world remains a useful educational tool rather than a minefield of risks.



NOS National Online Safety
#WakeUpWednesday

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Reporting Absences

Dear Parents/Carers,

We now have an email address for you to report your child's attendance.

Please email, attendance@altmore.newham.sch.uk, if you would like to report your child's absence.

You are still welcome to call the school from 8am as well

Sumer Reading Challenge



Dates for your diary...

May	
Friday 26 th May	Reception – Maths Stay & Learn – 9.00 am
Friday 26 th May	Last Day of Term
June	
Monday 5 th June	School Re-opens
Friday 9 th June	NSPCC Childhood Walk Mile Day
WB: 12 th June/19 th June	Year 1 Phonics Screening
Tuesday 20 th June	Getting Ready for Year 1 – Parent Session – 9.10 am
Monday 26 th June	Year 1 Sports Day
Tuesday 27 th June	Reception Sports Day
Wednesday 28 th June	Nursery (am) Sports Day
Thursday 29 th June	Year 2 Sports Day
Friday 30 th June	Nursery (pm) Sports Day
July	
Friday 7 th July	Rocksteady Concert
Tuesday 11 th July	Reading Café (9.00 am)
Thursday 13 th July	Summer Fair
Friday 21 st July	Last Day of Term

Please note these dates are subject to change