



Altmore Infant School - Sports Premium Report

2022-2023

Overview

At Altmore, we continue to actively promote the positive contribution of PE to the health and wellbeing of our children. We believe that children need to be excited about, and enjoy physical activity. In support of this we provide an innovative, varied PE curriculum and extra-curricular opportunities that have a positive impact on children's concentration, their attitudes and academic outcomes. Key priorities have been identified that enable us to continue to develop our curriculum offer and extend our PE provision. PE sessions are delivered by a specialist sports coach, ensuring high quality learning opportunities for all children throughout our school. In addition, this increases children's participation in competitive sports events and supports teachers' confidence in planning and delivering effective PE whilst broadening the range of activities children access.

Altmore is affiliated with the Langdon Schools Sports Partnership, which ensures participation in the maximum number of competitions that the school can take part in, introducing children to a range of sports and ensuring that they are increasingly engaged in physical activity throughout the day.

In the school's Ofsted inspection in June 2023, PE was one of the *deep dives*, the inspection team noted, *the school has an ambitious curriculum. It is broad and well organised... specific skills, knowledge and vocabulary have been identified carefully, for example, pupils rapidly gain knowledge and skills in physical education (PE) and practise these regularly to gain confidence and proficiency.*

It is a pleasure to report that for the academic year 2022-2023 Altmore teams were the undefeated champions of the Langdon School Sports Partnership!

What is the Sports Premium?

The Sports Premium supports schools to prioritise, increase and improve PE and sporting opportunities and access for all children. The funding helps us to improve in the following 5 key areas:

- increasing all staff's confidence, knowledge and skills in teaching PE and sport
- increasing engagement of all pupils in regular physical activity and sport
- raising the profile of PE and sport across the school, to support whole school improvement
- offer a broader and more equal experience of a range of sports and physical activities to all pupils
- increase participation in competitive sport

At Altmore, we use the funding to effectively ensure that standards of learning and achievement in PE and Sports are raised. All children, regardless of their background, additional/special needs engage in physical activity as part of the National Curriculum and extra-curricular provision.

In Altmore's context the Sports Premium funding received from the Government is a financial contribution to the overall delivery of our PE curriculum.

Funding allocation

- | | |
|--|---------|
| • Total amount allocated for 2022/23 | £18,760 |
| • How much (if any) do you intend to carry over from this total fund into 2023/24? | £ 0 |
| • Total amount of funding for 2022/23 to be spent and reported on by 31st July 2023. | £18,760 |

Sports Premium – Altmore Infant School

Academic Year 2022/23	Total fund allocated: £18,760	Date Updated July 2023		
What are the objectives of the premium? The Primary PE and Sport Premium is ring-fenced and must only be spent on physical education and sport provision in schools. The funding therefore aims to achieve a self-sustaining improvement in all areas of PE, from the quality of physical education to introducing health focused physical activities and after school sports. <ul style="list-style-type: none">Engage all pupils in regular physical activity and healthy active lifestyle choicesIncrease confidence, knowledge and skills of PE and sport teaching staffBroaden the range of sports and activities offered to all pupilsEncourage the participation of pupils in competitive sportRaising the profile of PE and sport across the school, to support whole school improvement				
Key indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer Guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				
School focus	Implementation	Evidence and Impact	Funding	Sustainability and suggested next steps
Increase opportunities for all children to engage in physical activity during breakfast clubs, playtimes and after school clubs	<ul style="list-style-type: none">Active Playtimes – children continue to access different sports activities and equipment at break and lunchtime every day.Participation in Intra-school competitions, (during and after school) are diarised throughout the year by our Specialist Sports Coach.Continued investment of resources supports delivery of a variety of sports before, during and after school, as well as in PE lessons, to develop specific skills, sporting and fitness provision.Timetabling of a varied sports fixture list during breakfast and after-school clubs continues to excite and engage children.Participation in Sports Relief and Daily mile activities.	<ul style="list-style-type: none">Children confidently access a range of activities, using equipment appropriately. They transfer their knowledge, understanding and skills learnt in their PE lessons to the playground.They are engaged at lunchtime in sports activities (including basketball led by PE coach, and other playground games).Children are independently playing new and different sports introduced in PE lessons at break and lunchtimes.Increased fitness levels for all.Pupil voice surveys indicate children’s enthusiasm, love and engagement of PE and sports.Monitoring indicates high participation levels.	£10,360	<ul style="list-style-type: none">PE leader to continue to identify key children who are at risk of obesity - <i>Change for Life</i> programme implemented to address issue.On-going targeting of particular children to a weekly after school club to develop their confidence and fitness levels.On-going review of timetabled physical activity at playtimes and lunchtimes.Staff CPD, particularly for TA and MDS staff to increase staff confidence and knowledge when supervising children.

Key indicator 2:

The profile of Physical Education, School Sport & Physical Activity (PESSPA) being raised across the school as a tool for whole school improvement

School focus	Implementation	Evidence and Impact	Funding	Sustainability and suggested next steps
Increase participation of sport and physical activity around the school and outside of school.	<ul style="list-style-type: none"> Teachers work alongside and team-teach with the coach to develop their knowledge and confidence in teaching PE. PE lessons are engaging and children are active during the session. A wide offer of extended school sports club provision including after school and lunchtime clubs and games. PE lead will work with sports coach to enhance the PE curriculum. All children have access to high quality teaching/instruction with appropriate resources to develop their skills and confidence. Membership of the Langdon School Sports Partnership supports increased access to and participation in competitive sports. 	<ul style="list-style-type: none"> Children enjoy and are excited about their PE lessons, they engage in high quality PE sessions and have opportunities for sports. They play games independently and appropriately at break/playtimes. The continuation of clubs for G&T children has further extended their skills and confidence. Continued membership of the Langdon Sports partnership offers children access to a range of competitive experiences. Children enthusiastically participate in intra/inter- school competitions. Children are physically more active and aware of the emotional and wellbeing benefits this brings. 	£2521	<ul style="list-style-type: none"> Continue to ensure Support staff access opportunities to team-teach with our Sports coach. PE progression document ensures coverage for PE is consistent across class cohorts, year groups and the school. Resources are sufficient for the delivery of high-quality PE sessions. Continue to celebrate children's success and participation in PE events in assemblies, newsletters, etc.

Key indicator 3:

Increase confidence, knowledge and skills of all staff in teaching PE and sport

School focus	Implementation	Evidence and Impact	Funding	Sustainability and suggested next steps
Teachers work with an experienced coach to develop their subject knowledge and their confidence in teaching PE.	<ul style="list-style-type: none"> Teachers including ECTs work with the coach to develop their knowledge and confidence in teaching PE. PE lead works with the coach to enhance the PE curriculum and support planning, ensuring a clear progression of skills for lessons delivered inside/outside. PE lead and coach deliver CPD to staff 	<ul style="list-style-type: none"> Children have access to high quality PE lessons. Children receive high quality curriculum and sports opportunities. Range of sports on offer is extensive. Children who are not normally engaged in sport and physical activity are motivated and engage more. PE Curriculum is clear re. intent, implementation, impact. 	£1565	<ul style="list-style-type: none"> Teachers continue to team teach with our PE Coach. P.E Coach to continue to access CPD P.E Coach to audit staff expertise and confidence at teaching PE. CPD opportunities to be identified and 'programmed'. Classes to access <i>i-Moves</i> to support children's physical, and emotional wellbeing throughout the day.

		<ul style="list-style-type: none"> Teachers have increased confidence to plan, adapt and deliver PE sessions. 		
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				
School focus	Implementation	Evidence and Impact	Funding	Sustainability and suggested next steps
Continue to offer a range of sporting activities for children to experience; encouraging a lifelong participation in sport and physical activity.	<ul style="list-style-type: none"> Continue to participate in our partnership with the Langdon School Sports Partnership. Create a diary of sporting events that reflect school-based, local, national and international events, e.g., Sports day, Race for Life, London Marathon, The Commonwealth Games, The World Cup, The Olympics, NSPCC, <i>World Childhood Day</i> PE coach to enhance opportunities and introduce new sports. Signpost sporting activities provided as part of LBN's offer. 	<ul style="list-style-type: none"> Achievements in sport and PE are celebrated in assemblies, displayed around the school, shared in Newsletters as well as in reports to the Governing Board. Increase in children participating in sports activities. Children's feedback suggests an improvement in their enjoyment of PE and learning new sports. Children's enthusiasm and desire to participate, particularly for those in target groups demonstrates their improved confidence and skills levels. 	/	<ul style="list-style-type: none"> Pupil voice questionnaires continue to inform our PE and Sports offer. Survey re. after school club provision informs our offer and its organisation. Successful playtime and lunchtime sports rota gives children the opportunity to play different sports over a week. Re-introduce Bike-ability cycle scheme. Adapt the diary of sporting events to match current local, national and international programme. Signpost on our online platform monthly, quarterly information that highlights LBN's holiday/term time extended schools offer in a range of indoor/outdoor venues.
Key indicator 5: Encourage the participation of pupils in competitive sport				
School focus	Implementation	Evidence and Impact	Funding	Sustainability and suggested next steps
Participation in a wider range of inter/intra-school competitions supporting achievement and higher standards (skills, outcomes), etc.	<ul style="list-style-type: none"> Continue to enter and participate in more competitions. Continue to raise the profile of competitive sport and celebrate achievements. Resources support skills development and outcomes. 	<ul style="list-style-type: none"> Children continue to develop a positive mind-set towards competitive activities. They are excited to share their successes. Children participate in an increased range of events and competitions. Closer links with neighbouring schools develop. 	£4314	<ul style="list-style-type: none"> Continue to increase participation in competitive sports.

Autumn term 2022

Quality of Teaching

Weekly lessons are planned by Coach Rich and are available for teachers a week in advance. This has enabled teachers to teach effectively alongside our skilled sports coach to deliver successful lessons to the children at Altmere.

This term in PE, the children have been learning throwing and catching techniques through the game 'Hot Potato'. This is a game which involves the children working as a team to throw the beanbag down their line and the last person running to the front. The winning team is the team that has every player back to their original spot. The children have learnt to aim and control their throwing as well as learning a ready position to allow them to cat

I learnt how to stand when we need to catch the ball and how to turn quickly to throw it to the next person.

Harish in Class 14

Reception



Year 1



Year 2



Gifted and Talented Sports Enrichment

Over the course of the term, Sophie and Coach Richard have identified gifted and talented children, from Yr 1 and Yr 2, to take part in extra-curricular sessions. These children attend extra G&T sessions on a weekly basis where they are trained further. Throughout September and October, the children worked really hard learning a variety of athletics skills including long jump, running and different types of throwing. They thoroughly enjoy these extra sessions and work really hard during PE lessons to be selected.





Rodrigo in Class 12

I like going to Mr Rich for G&T because we get to learn more skills and it makes me better.

SEND PE lessons

As well as taking part in their regular class PE lessons, SEND children have the opportunity to take part in a weekly PE session which is differentiated and planned especially for each child. These sessions are led by Coach Richard and supported by children's 1:1 staff. During these sessions, the children have the opportunity to improve their balance, strength and gross motor skills through the use of climbing apparatus.



Sports After School Clubs

Children in KS1 attend a sports after school club run by Coach Richard. This term, Yr 1 teachers selected 40 children in total to take part in either an Athletics or Hot Potato club and Yr 2 teachers selected 40 children to take part in either Football or a Hot Potato club. This was a fantastic opportunity – they thoroughly enjoyed the experience.



Change for Life Club

This year, we have continued to run a 'Change for Life' club. Children have been carefully selected to take part in this programme as they would benefit from extra-curricular PE and fitness sessions. During this session, the children have the opportunity to do extra exercise as well as learn about living a healthy lifestyle. Class teachers have identified children that are at high risk of becoming overweight or need support with how to live a healthy lifestyle. Other children identified for these sessions are struggling learners that may need to revisit particular skills that have been taught in PE lessons in order to become continuously competent. The sessions are planned weekly by Coach Richard to ensure that the children take away as much as they can from the sessions. The sessions include general fitness activities such as relay races, jumping, skipping and hopping as well as skills related to termly learning.



Hot Potato Tournament

During the last week of term, children in Yr 1 and Yr 2 had the played a competitive game of Hot Potato with their peers in their year group. This gave them the opportunity to implement the skills that they have been learning throughout the term. It also gave teachers an opportunity to identify any struggling learners.

Children played rounds of the game and scores were given on a points basis. Congratulations to Class 17 and Class 13 for winning the competition in their year groups.



Morning Club

Each morning, children attending breakfast club get the opportunity to get involved in some sporty activities with Coach Richard. They do activities such as races, football, throwing and catching and a range of Athletics. This is a great way for the children to *wake-up* their mind and bodies and it helps to improve their focus and cognition. The children go to their classes in a great mood feeling ready for the day ahead of them.



Spring term 2023

Quality of Teaching

This term Coach Richard has continued to team teach PE lessons alongside class teachers and Teaching Assistants. Class teachers are provided weekly planning which allows them to prepare and teach lessons effectively.

In Term 3 our KS1 children focused on *gymnastics* during their physical education sessions. Sessions were taught to master basic movements including *jumping, rolling*, as well as *developing strength, balance, agility* and *coordination*. Throughout the PE lessons, children put together a sequence of movements including *rolls, balances* and *supports as they were learning*. They rehearsed their sequences with their group and competed in an end of term competition in the last week of term. The winning teams received medals in a special assembly and they were very proud of themselves.



In Term 4 children are learning about the game *Handball*. A very demanding invasion game that requires great throwing and catching skills, communication and social skills as well as teamwork. During our PE lessons, they will be taught various ways of throwing and catching before moving on to the tactical side of the game that involves defending and attacking as an individual or as a unit. With the incentive of having a year group competition at the end of the term to identify the winning handball class of the year, all children pay more attention to learning and are more enthusiastic about achieving their weekly goals and further their understanding of the game.



Altmore inter-school competitions have played a key role in nurturing our children into becoming more confident within themselves and it has also become an incentive to further our children's overall development.

Gifted and Talented Sports Enrichment

Coach Richard, alongside teachers, has carefully identified children from Reception to Year 2 who are excelling in various areas of Sports. Most of our G&T children have been selected to represent Altmore in 4 different Newham competitions this year and not only have they successfully won all of their tournaments, but a large number of our G&T children are rapidly improving academically across the curriculum. At Altmore, we have a very strong Year 1 and Year 2 group who are now more confident within themselves and can engage in various activities due to their flourishing social and communication skills.



SEND PE lessons

As well as taking part in their regular class PE lessons, SEND children have another opportunity to take part in a weekly PE session which is differentiated and planned especially for each child. These sessions are led by Coach Richard and supported by one-to-one staff. During these sessions, children have the opportunity to improve their balance, strength and gross-motor skills through the use of climbing apparatus.



Sports after School Clubs

In Terms 3 and 4, Coach Richard has continued to run after-school clubs for Year 1 and Year 2 children. During these sessions children have the opportunity to learn new skills from different sports and activities such as Football, Multi Skills, Tennis and Handball. After every half term, new children are selected to attend an after-school club to ensure that by the end of the year, every child has had this amazing opportunity.



Change for Life Club

Throughout the year, Coach Richard has identified children alongside Class teachers to take part in additional PE sessions. These sessions are aimed to help children catch up with physical education and individual motor skills to be able to compete and feel confident within themselves. Coach Richard is keen in promoting wellbeing and a healthy lifestyle across the board with all of our children and parents.



Year 2 Hot Potato Mixed Tournament

On Wednesday 11.01.23, Altmore hosted a Hot Potato tournament for our Year 2 children, competing against seven other Newham schools. During the group stages, Altmore played a total of 9 games against Elmhurst, Sandringham and St Anthony's, winning each game! They were then through to the quarter-finals where they played against St Joachim's with a 3-0 victory. This led our wonderful team to the semi-finals where they played against St Anthony's and again, won all of their matches. Altmore breezed their way through to the final where they played against Sandringham. The team were left unbeatable with another 3-0 victory. Congratulations to the Altmore Hot Potato team, everyone played with determination and showed fantastic teamwork. We are so proud of them all.



Year 2 Hot Potato Boys Only Tournament

On Thursday 19.01.23 some of our KS1 boys went to Langdon Primary school to take part in a Hot Potato tournament where our children came back unbeatable and with yet another successful victory. Well done to all the boys who took part in the tournament, we are all extremely happy with our children who keep on representing our school with pride across Newham. They played with such 'heart' and showed great communication skills with each other and the drive to achieve was admirable.



I am very proud of our football team as they showed great listening skills and determination to learn from their mistakes, they played with passion. Well done children

Year 2 Football Tournament

After consistent training from our football boys' team, on Wednesday 08.02.23 they got the opportunity to travel over to Gallions primary school for a Newham football tournament. With one of our key players out due to chicken pox our children had to adapt a different playing style throughout the tournament. They did this with such character and enthusiasm, only losing one game in the group stage and successfully going all the way to the final. Altmore were up against a very

Coach Richard said:

strong St Edwards team who had already beaten us in a game in the group stage. The Altmore children successfully won the final 2-0 to bringing yet another trophy back to school and represent Altmore with pride.



Year 1 Hot Potato Tournament

After Altmore winning all 3 competitions this year, Coach Richard has created a winning mentality across the school with everyone electrified about competitions and we have now become the team to beat in all Newham competitions. On Wednesday 22.02.23, Altmore hosted the Year 1 Hot Potato Competition with the advantage of having two teams involved. Our Year 1 children were delighted to take part in what would be the first ever competition for most of them. The outcome was unbelievable as both teams were put in separate groups only to finish the day undefeated on either end as the final game ended with "Altmore A vs Altmore B". The children were so excited to place yet another trophy on display!

Coach Richard said:



I'm thrilled about the results and could not be any more proud of our children with a 1st and 2nd placed achievement at our 4th consistent victory this year

We are very proud of our children as they have shown skills, teamwork and determination throughout all competitions and training towards it. Congratulations!

Summer term 2023

Quality of Teaching

This term Coach Rich has continued to team teach PE lessons alongside class Teachers and TAs. Class teachers are provided with weekly planning which allows them to prepare and teach lessons effectively.

During Term 5 and 6, children in KS1 were taught a range of multi skills in preparation for Sports Day. They began by revisiting their prior learning on throwing and catching and building upon the basic skills that they already had by learning new types of throwing. The children enjoyed learning different techniques to be able to throw both underarm and overarm as well as throwing for both distance and accuracy. They then went on to learn running techniques and took part in relay races, and passing a baton to one another. They also learnt techniques to support them in jumping for distance as well as height. This supported them in being able to participate in obstacle races.



In Reception, the children have been working on all sports day activities, understanding the rules and experiencing the competitive side sports to prepare them for sports day. During these structured lessons, children have focused on teamwork activities such as relay races with batons, sacks, egg and spoon races as well as throwing activities to develop their social and leadership skills as well as their understanding of competition.



Gifted and Talented Sports Enrichment

In Terms 5 and 6, children from year 1 and year 2 have continued to be part of the gifted and talented team, taking part in extracurricular sessions. These pupils attend sessions weekly where they are trained further by Coach Richard. During these sessions, the children get prepared for upcoming tournaments and work hard to be selected for the team. Many of these children have had the opportunity to take part in tournaments this year which has been a fantastic for them.



SEND: PE lessons

As well as taking part in their regular class PE lessons, SEND children have the opportunity to take part in a weekly PE session which is differentiated and planned especially for each child. These sessions are led by Coach Richard and supported by one-to-one staff. During these sessions our children have mastered their climbing, jumping and landing skills while also having the opportunity to individually further their classroom learning (basic racket and ball/ bean bag skills).



Sports After-School Clubs

This term Coach Richard has continued to run after school clubs for Year 1 and Year 2 children. These clubs consist of a range of sporting activities as well as general fitness. In addition to the sport clubs, Coach Richard has also been running a Gifted and Talented Sports Enrichment club for selected Year 1 and 2 children weekly after school. These sessions focus on skills, teamwork, communication and leadership skills through games as well as tournament preparation.



Change for Life Club

This year, we have continued to run a 'Change for Life' club. Children have been carefully selected to take part in this programme as they would benefit from extra-curricular PE and fitness sessions. During this session, the children have the opportunity to do extra exercise as well as learn about living a healthy lifestyle. Class teachers have identified children that are at high risk of becoming overweight or need support with how to live a healthy lifestyle. The sessions are planned weekly by Coach Richard to ensure that the children take away as much as they can from the sessions. The sessions include general fitness activities such as relay races, jumping, skipping and hopping as well as skills related to termly learning.



NSPCC Childhood Day

On Friday 9th June, children took part in the NSPCC's Childhood Mile Day to raise some money for a fantastic cause. The children in Reception, Year 1 and Year 2 went to Barking Recreation Ground to complete their one mile walk and even the children in Nursery joined in by walking around the school which was fantastic to see.

During their time at the park, the children began by taking part in a warm up led by Coach Richard. The music was playing, the sun was shining and the children were very excited. Sarah then came to cut the ribbon to start the race and the children were off. They travelled by walking, running, skipping and some children were even jumping to complete their mile. The children were so enthusiastic and it was fantastic to see them so excited to take part in this charity event. We also had some guests from the NSPCC that came to watch the event. They were really impressed by the efforts of the children and the amount of money raised.

So far, we have managed to raise £1,563.00 and donations are still being made to the just giving page.



KS1 Sportshall Athletics Competition

Throughout this year, Altmore Infant School have been on a winning streak by successfully achieving first place in every competition so far. However, Sportshall athletics was different. Over the years our school has struggled to get on the podium and gain medals, so it was due to be a big challenge for our children. After weeks of hard work and determination from all our children, we finally travelled to Gallions Primary School's wonderful facilities on Wednesday 26th April 2023 to take on such a big task, allow our children to work hard, enjoy the day and hope for the best.

The results shown below are mind blowing. Not only did our children win Altmore's first ever Sportshall Athletics competition but they did so with a lead of 40 points! Almost every activity was performed to the very best of their ability. The result is only a reflection of our children's desire and hard work prior to the competition. We are so proud of our Altmore teams.

LANSDOWN ACADEMY SPORT PARTNERSHIP
KS1 Year 1/2 Sportshall Athletics Competition
Wednesday 26th April 2023
@Gallions Primary

Participating Schools	
Altmore	Essex
Langdon	St Anthony's
St Hubert's	St Joachims
Results	
Overall	Points
1 Altmore	334
2 St Hubert's	218
3 St Anthony's	103
4 Essex	98
5 St Joachims	77
6 Essex	52
7 Essex	34
8 St Joachims	22
9 Essex	18
10 Essex	18

Altmore

EXCELLENCE THROUGH COMPETITION



KS1 Football competition

On Wednesday 3rd May 2023, Altmore's mixed football team travelled to Essex Primary School for a special day at the KS1 Mixed Football competition. Our children started the competition with one of the biggest victories of the day with an outstanding 4-0 performance against St Joachims. With such great facilities at Essex primary school our children were motivated to do their very best in every game.

Without losing a game or conceding any goals, our undefeated Altmore team went all the way to beat St Edwards in the semi-final with a tight game only being decided on a penalty shootout, followed by a comfortable 2-0 victory in the final to lift yet another trophy.

On this day our player of the competition got scouted by West Ham Football club (Premier league team). Congratulations to Rodrigo for catching the eye of one of the biggest and most recognised football academies in England. At Altmore we all wish Rodrigo the very best for the future. We are extremely proud of all our children for such an immense achievement.

